

Practical Interventions for Improving Executive Functioning Skills in ASD

Presenter: Sarah Ward, M.S., CCC-SLP

Hosted by: UM-NSU CARD

About the Presenter

Sarah Ward M.S., CCC/SLP has over 25 years of experience in diagnostic evaluations and treatment of executive dysfunction. Ms. Ward holds a faculty appointment at the Massachusetts General Hospital Institute of Health Professions. Sarah is an internationally recognized expert on executive function and presents seminars and workshops on the programs and strategies she has developed with her Co-Director Kristen Jacobsen. Their 360 Thinking Executive Function Program received the Innovative Promising Practices Award from the National Organization CHADD. She has presented to and consulted with over 1600 public and private schools in the United States, Canada, Europe and Australia.

Training Description

Target Audience: Speech-Language Pathologists, Psychologists, Counselors, Social Workers, Educators, Private Practice therapists, Family Members

In this 4 part series, participants will learn how to clearly define what the executive function skills are, how they develop, and what is meant by the term “executive dysfunction”. Through this workshop, participants will learn how to create effective interventions for executive functioning by incorporating dozens of functional, ready-to-use strategies. These strategies are aimed at teaching students to devise plans to achieve their goal, to use self-talk, to self-initiate, to transition to the next task of higher priority, to control their impulses and emotions, and successfully self-regulate to complete a task. Finally, participants will learn how to use the Get Ready * Do* Done Model to turn the core curriculum and lesson/treatment plans into powerful tools to teach students executive control skills.

Training Objectives

Participants will be able to:

1. State the functional working definition of “executive function skills” and identify its typical developmental course
2. Describe 4 methods for teaching a student how to visualize and plan and prioritize tasks across multiple hours/day
3. List 3 interventions to teach a student how to visualize complex tasks and long term projects and then sequence and plan the requisite steps to complete assigned work
4. Develop an intervention program to foster a student’s independent executive function skills by describing therapeutic activities to improve situational awareness, self-talk and forethought, self-regulation and following routines, task planning, task initiation and transition within and between tasks, active self-management of the factors related to the passage of time, and student management of materials

Virtual Workshop

Part 1: Learn it Today, Use it Tomorrow! Practical, Cutting Edge Interventions for Improving Executive Function and Self-Regulation Skills in Students (Sessions 1 and 2)

Part 2: Practical Strategies to Develop Strong Executive Function Skills for Academics (Sessions 3 and 4)

Dates:

Course will be available from June 8th – July 12th 2020

Registration Deadline:

July 7th, 2020

Limited to first 200 participants

Registration Link:

<https://pepsa-executive-functioning.eventbrite.com>

The course link will be sent separately once registered

For more information contact:

CARD@nova.edu

or (954) 262-7111

School District Personnel:

Be sure to contact your ESE District Staff or Staff Development Contact to determine the process for receiving in-service.

CEUs:

ASHA CEUs are pending.